

Session	8:40-9:30	9:40-10:30	10:40-11:30	11:40-12:30	12:40-1:30
North Cafeteria (Throws)	Jeff Ohlson - Bureau Valley Glide Shot	Ben Bishop - Edwardsville Discus	GLORIA BALAGUE UIC - USATF OLYMPIC TRACK AND FIELD SPORTS PSYCH In Large Auditorium	Jeff Ohlson - Bureau Valley Coaching Throws / Male / Female Combo	Glen Thompson - Penn Rotational Shotput
Auditorium (Distance)	Dan Iverson / Rob Harvey North Central Distance Influence	Monique Ryan MS/RD (Gatorade Sport Nutrition for Endurance Athletes		Doug Brown - Florida The 800	Doug Brown - Florida 1600/3200
Small Auditorium (Sprints)	Wayne Clark (MF Athletic) Three Stepping Fast!	Steve Silvey - Arkansas / Texas Tech Long Hurdles		Steve Silvey - Arkansas / Texas Tech Short Sprints	Ken Helberg - WWS Long Sprints
North Field House (Jumps)	Will Freeman - Grinnell College Long Jump	Will Freeman - Grinnell College Triple Jump		Mike Garcia - Springfield Lanphier High Jump	Will Freeman - Grinnell College Team Building Truths
South Field House (Pole Vault \ Officials)	Tim Johnson - Chicago The Physics of Vaulting	Tim Johnson - Chicago Idiots Guide to Safer Vaulting		Pole Vault Panel Tim Johnson and Jim Longergan	Sprint Relays Steve Silvey - Arkansas/ Texas Tech
South Cafeteria	Mike Mapes - Rockford Youth Running Clubs - Building a Progra	Ron McGraw IHSA Discussion		Mitchell Johnston (winged foot) HOF Set Up Currins / Ritter	Sosa Food Set Up
Faculty Café	John Polka Officials-Certification	John Polka Officials-Certification		John Polka Officials-Certification	D Officials-Certification
370 Miscellaneous	Dale Heidloff and Andy Lutzenkirchen FAT / HYTEK	Dale Heidloff and Andy Lutzenkirchen FAT / HYTEK		Mike Tully (Int'l Sports Journalist / Coach) Winning Practice / Mindset	Mike Tully (Int'l Sports Journalist / Coach) Winning Practice / Mindset
314 Beginig Coaches	Roland Brent - Bloomington Jumps	Glen Thompson - Penn Throws		Wayne Clark (MF Athletic) Beginning Hurdles / Sprints	Mike Stokes (Prospect) / Jamie Klotz (BG) Distance
371 Miscellaneous	Dr. Allen and Chris Korfist Building Efficient Injury Free Athletes	Dr. Allen and Chris Korfist Building Efficient Injury Free Athletes		Mark Tachhi (GBS) / Bob Geiger (ESPN) Social Media and Coaching	Greg Walters / C. Centennial Athletic. Net (Technology / Team Mgmt)