

Dennis Kline Bio



Dennis Kline C.S.C.S. has been the Strength Center Director at the University of Wisconsin @ La Crosse since 1998 and Assistant Track coach from '98-'07. During his track coaching tenure Kline coached 10 individual national champions in the throwing events while the team won 14 NCAA National Championships. In 2010 Kline was hired as a training consultant for the Mammoth Track club in Mammoth Lakes Ca. Kline and UW-L's Andrew Rock ('04 4X400m Olympic Gold Medalist and '05 400m Silver in the World Championships) in '06 started Fitness Motivation Systems to provide organized strength and conditioning services for maximal performance. Prior, Kline was at Oxford Chiropractic Center, owner Dave Zipko in Oxford, Ohio. He also served as the Chairman for the College Strength and Conditioning Professionals for 6 years.

As a Track & Field athlete (hammer thrower), Kline was coached by and trained with Jud Logan (four-time Olympian and former American Record holder) from '84-'92. Kline was ranked in the top 50 in the U.S. for a decade ('87-'97) with a best ranking in the world of #257 and competed in the '96 U.S. Olympic Trials.

Kline received his Bachelor's degree in 1990 and Master's degree in 1992 from Miami University (Ohio). His graduate assistantship supervisor was Dan Dalrymple formerly of Miami (Oh), current Strength and Conditioning Head Coach with the New Orleans Saints.

Dennis and his wife Catherine and their three children Rheanne, Charlotte, and Henry reside in La Crosse, WI.