

Session	1st 9:15 to 10:05	2nd 10:20 to 11:10	3rd 11:25 to 12:15	4th 12:30 to 1:20
North Cafeteria (throws)	Larry Judge (Ball State U) Rotational	Larry Judge (Ball State U) Discus	Gale Gross (Geneva) Glide Shot Put	Bill Richards (Wisc. H.S. coach) Throws Training
Auditorium (Distance)	Vicki Mitchell (U of Buffalo) Building Distance Success	Desmond Dunham (U of Maryland) Speed End / 800	Vicki Mitchell (U of Buffalo) Revisiting Excellence / Distance	Desmond Dunham(U of Maryland) 400/800
Small Auditorium (Sprints)	Scott Roberts (U of Alabama) 300 Hurdles	Scott Roberts (U of Alabama) High Hurdles	Latif Thomas (Mass. H.S. coach) Short Sprints (Athletes Acceleration)	Latif Thomas (Mass. H.S. coach) Long Sprints (Athletes Acc.)
West Gym (Jumps)	Mike Garcia (Springfield Lamphier) High Jumps	Jeff Timms (Bloom) Long Jump	Rob Graf (Wheaton North) Triple Jump	Garcia, Timms Jumps/ Training Discussion
East Gym (Pole Vault)	Daryl Fitts (Wheaton Warrenville South) Pole Vault	Jim Lonergan (Maine South) Pole Vault	Pole Vault Panel Pole Vault	Jere Johnson FCA coaching
South Cafeteria (Sprints)	Rob Johnson (Wabash College) Starts (former Olympic Coach)	Rob Johnson (Wabash College) Relays (former Olympic Coach)	HOF Set Up	Food Set Up
Faculty Café	Officials Certification	Officials Certification	Officials Certification	Officials Certification
370 Miscellaneous	Ron McGraw (IHSA) IHSA Q & A	Kelly Haas (Glenbard West) Woman's Coaching Issues/ forum	Dr Belague Sports Pscychology	Larry Judge (Ball State U) Track Strength Training
314 Beginning Coaches	Rob Graf (Wheaton North) Jumps	Ken Kemeny (St. Charles North) Throws	Tony Holler (Plainfield North) Sprints & Hurdles	Kevin Rafferty (Waubonsie Valley) Distance
371 Miscellaneous	Rafferty / Kennedy (Waubonsie/Neuqua) Summer Track Fun	Pat Richards (Hinsdale Central) Program Success	FAT HELP Eagle Eye	Dr. Steve Major Sports Injuries