

North Central College at the 2010 NCAA Division III Indoor Track & Field Championships

(Top 8 places - All-America honors)

Men's team - 1st Place - National Champions

<http://northcentralcardinals.com/index.aspx?tab=trackandfield&path=mtrack>

800m - Jake Austin - 8th (Hinckley-Big Rock)

5000m - Kyle Brady - 1st (Wheaton-Warrenville South)

400m - Dan Benton - 2nd (Westmont)

Pole Vault - Jake Winder - 1st (Plainfield South), Tom Stacey-5th (Glenbard North), John Wood-5th (Fremd), Peter Geraghty-t-8th (Oak Park-RF)

Pentathlon - Matt Borhardt-6th (Random Lake, WI), Joe Schneiderbauer-10th (Sterling)

Shot Put & Weight Throw - Robert Kapustka-11th & 13th

4x400m - 1st - Jon Howard (Glenbrook South), Jon Caron (Romeoville), Dayton Henrikson (Wheaton North), Dan Benton (Westmont)

Other Honors

<http://www.ustfccca.org/featured/national-athletes-of-the-year-in-division-iii-announced>

National and Midwest Regional Coach of the Year - Al Carius (NCC)

National and Midwest Regional Assistant Coach of the Year - Tim Winder (NCC)

National Field Athlete - Jake Winder (Plainfield South)

Women's Team - 40th Place

<http://northcentralcardinals.com/index.aspx?tab=trackandfield2&path=wtrack>

Pole Vault - Rachel Secrest-4th (Wheaton North)

High Jump - Michelle Criscione-13th (Plainfield Central)

Pentathlon - Missy Savino - 12th (Naperville North)

55m Hurdles - Brandye Jackson-5th prelims (Willowbrook)

400m - Lauren Brightmore-3rd prelims (Oak Lawn)